

DRURY UNIVERSITY

2009-10 Cross Country Information

PANTHERS

Quick Facts

Location: Springfield, Mo.
Mailing Address: 900 N. Benton Ave. 65802
Enrollment: 1,600
University Founded: 1873
Colors: Scarlet & Gray
Affiliation: NCAA Division II
Conference: Great Lakes Valley Conference
President: Todd Parnell
Director of Athletics: Pat Atwell
Assistant Athletic Director: Barbara Cowherd
Athletic Phone: (417) 873-7265

Sports Information

Cross Country Contacts: Scott Puryear & Eric Pannell
Sports Information Director: Scott Puryear
SID Phone: (417) 873-4097
E-mail: spuryear@drury.edu
Assistant SID: Eric Pannell
Phone: (417) 873-7374
E-mail: epannell@drury.edu
Sports Information FAX: (417) 873-4098
Official Athletic Website: www.drurypanthers.com
Mailing Address: 900 N. Benton Ave.

Cross Country Information

Nickname: Panthers
Head Coach: Jon Van Arkel
Alma Mater: Texas Christian University (1979)
Office Phone: (417) 873-7567
E-Mail Address: xcountry@drury.edu
Assistant Coach: Don Keeton
Office Phone: (417) 873-6388
Volunteer Asst. Coach: Kevin Zimmerman
Athletic Trainer/Cross Country: Summer Stewart
Office Phone: (417) 873-7381
E-Mail Address: sstewart03@drury.edu
Letterman Returning:
Men: 12
Women: 8
Newcomers
Men: 4
Women: 5
Athletic Website: www.drurypanthers.com

2008 Meet/By Meet Top Runner

Missouri S&T Miner Invitational
Men: Jaime Villa Zapatero 1st 6 K (18:39.8)
Women: Kimberly Shigeno 13th 5K (21:25.6)

Missouri Southern State University Stampede
Men: Jaime Villa Zapatero 6th 8K (25:10.5)
Women: Tia Young 79th 5K (19:44.7)

Roy Griak Invitational
Men: Jaime Villa Zapatero 1st 8K (25:27)
Women: Kimberly Shigeno 93rd 6K (25:18)

Ted Lloyd/ Harding University Invitational
Men: Jaime Villa Zapatero 4th 8k (24:49.85)
Women: Tia Young 16th 5K (19:37.75)

Great Lakes Valley Conference Championship
Men: Jaime Villa Zapatero 1st 8K (25:47.83)
Women: Stephanie Cowherd 40th 6K (24:03.59)

Great Lakes Regional Championship
Men: Jaime Villa Zapatero 2nd 8K (31:53.6)
Women: Katie Berkbigler 54th 6K (24:15.2)

2009 Cross Country Schedule/2008 Schedule/Results

DRURY UNIVERSITY

PANTHERS

| <u>DAY</u> | <u>DATE</u> | <u>OPPONENT</u> | <u>LOCATION</u> | <u>TIME</u> |
|------------|--------------|---|-------------------|-------------|
| Saturday | September 19 | Missouri Southern State University Stampede | Joplin, Mo. | 9 a.m. |
| Saturday | October 3 | Oklahoma State University Cowboy Jamboree | Stillwater, Okla. | 9 a.m. |
| Saturday | October 10 | Great Lakes Valley Conference vs. MIAA Challenge Host: University of Missouri Science & Technology | Rolla, Mo. | 9 a.m. |
| Saturday | October 24 | Great Lakes Valley Conference Championships Host: Bellarmine University | Louisville, Ky. | 9 a.m. |
| Saturday | November 7 | NCAA Great Lakes Regional Host: University of Wisconsin-Parkside | Kenosha, Wis. | 9 a.m. |
| Saturday | November 21 | NCAA-II National Championships Host: University of Southern Indiana | Evansville, Ind. | 9 a.m. |

2008 CROSS COUNTRY SCHEDULE/RESULTS

| <u>Day</u> | <u>Date</u> | <u>Meet</u> | <u>Location</u> | <u>Team Finishes</u> |
|------------|--------------|---|-------------------|----------------------|
| Saturday | September 6 | Missouri S&T Miner Invitational | Rolla, Mo. | Women 3rd/Men 1st |
| Saturday | September 20 | Missouri Southern State University Stampede | Joplin, Mo. | Women 7th/Men 3rd |
| Saturday | September 27 | Roy Griak Invitational | St. Paul, Minn. | Women 20th/Men 1st |
| Saturday | October 11 | Ted LloydHarding University Invitational | Searcy, Ark. | Women 4th/Men 3rd |
| Saturday | October 25 | Great Lakes Valley Conference Championship | Rolla, Mo. | Women 25th/Men 3rd |
| Saturday | November 8 | Great Lakes Regional Championship | Big Rapids, Mich. | Women 17th/Men 5th |

2009-10 Drury University Men's Cross Country Roster

PANTHERS

| <u>Name</u> | <u>Ht.</u> | <u>Yr.</u> | <u>Hometown/High School</u> |
|----------------------|------------|------------|--|
| Derek Ball | 6-0 | Fr. | Louisville, Ky./DuPont Manual |
| Derek Berry | 5-6 | Jr. | Crestwood, Ky./South Oldham |
| Robert Bibens | 5-5 | Jr. | Tulsa, Okla./Holland Hall |
| Steven Busch | 6-2 | Jr. | Parker, Colo./Chapparral |
| Glen Buttrum | 6-2 | Sr. | Washburn, Mo./Southwest R-5 |
| Andy Chase | 5-11 | Sr. | University City, Mo./University City |
| Daniel Childers | 5-10 | Jr. | Willard, Mo./Willard |
| Matt Duncan | 6-0 | Fr. | Rolla, Mo./Rolla |
| Nick Gray | 6-0 | Fr. | Rogersville, Mo./Logan-Rogersville |
| Geoff Hughes | 5-11 | Sr. | Raytown, Mo./Raytown South |
| Brad Lyons | 6-0 | Sr. | Springfield, Mo./Kickapoo |
| Joshua Mullins | 5-11 | So. | Ozark, Mo./Ozark |
| Case Van Arkel | 6-2 | So. | Springfield, Mo./Parkview |
| Jaime Villa Zapatero | 5-11 | Jr. | Madrid, Spain/Moore Oklahoma High School |
| Chris Yates | 6-0 | Jr. | Ozark, Mo./Ozark |
| Charles Yeager | 5-11 | Sr. | Jasper, Ark./Jasper |

Head Coach: Jon Van Arkel

Assistant Coach: Don Keeton

Volunteer Assistant: Kevin Zimmerman

2009-10 Drury University Women's Cross Country Roster

PANTHERS

| <u>Name</u> | <u>Ht.</u> | <u>Yr.</u> | <u>Hometown/High School</u> |
|-------------------|------------|------------|-------------------------------------|
| Lindsey Bennett | 5-8 | Sr. | Jenks, Okla./Jenks |
| Katie Berkbigler | 5-8 | So. | Pleasant Hope, Mo./Pleasant Hope |
| Alli Brooks | 5-3 | Fr. | Bentonville, Ark./Bentonville |
| Stephanie Cowherd | 5-9 | Sr. | Ozark, Mo./Ozark |
| Lindsay Dukewits | 5-7 | Fr. | Springfield, Mo./Kickapoo |
| Melissa Hollon | 5-7 | So. | Liberty, Mo./Liberty |
| Colleen Pickett | 5-6 | So. | Liberty, Mo./Liberty |
| Courtney Rhodes | 5-6 | Fr. | Leawood, Kan./Blue Valley |
| Kimberly Shigeno | 5-1 | Sr. | Denver, Colo./J.K. Mullen |
| Samantha Swift | 5-3 | So. | Ozark, Mo./Ozark |
| Brenda Varela | 5-6 | Fr. | Ferrol, Spain/I.E.S. Sofia Casanova |
| Kaylen Washbourne | 5-5 | Fr. | Edmond, Okla./Edmond Memorial |
| Tia Young | 5-7 | Jr. | Harrison, Ark./Harrison |

Head Coach: Jon Van Arkel

Assistant Coach: Don Keeton

Volunteer Assistant: Kevin Zimmerman

MEN'S CROSS COUNTRY RECORDS

10,000 Meter Run

- 1.) Jaime Villa Zapatero.....30:29.97 at Missouri.....2009
- 2.) Chris Yates.....32:09.73 at Great Lakes Valley Conference.....2009
- 3.) Charles Yeager.....33:04 at Missouri.....2008

1,500 Meter Run

- 1.) Jaime Villa Zapatero.....3:56.66 at Pittsburg State.....2009
- 2.) Geoff Hughes.....3:58.41 at Great Lakes Valley Conference.....2009
- 3.) Case Van Arkel.....3:59.71 at Pittsburg State.....2009

3,000 Meter Run

- 1.) Jaime Villa Zapatero.....8:32.94 hosted by Drury.....2009
- 2.) Case Van Arkel.....8:44.54 hosted by Drury.....2009
- 3.) Matt Van Arkel.....8:59.54 hosted by Drury.....2009

5,000 Meter Run

- 1.) Jaime Villa Zapatero.....14:38 at Kansas.....2008
- 2.) Case Van Arkel.....14:57.86 at Great Lakes Valley Conference.....2009
- 3.) Geoff Hughes.....15:15.23 at Kansas.....2009

WOMEN'S CROSS COUNTRY RECORDS

5,000 Meter Run

- 1.) Jaimee Hoffman.....18:18 at Missouri.....2004
- 2.) Jessica Zephyrs.....18:48 at Missouri S&T.....2005
- 3.) Kimberly Shigeno.....18:57 at Missouri Southern.....2008

1,500 Meter Run

- 1.) Tia Young.....4:56 at Missouri Southern.....4:56
- 2.) Elizabeth Hurford.....5:02 at Missouri S&T.....2007
- 3.) Katie Berkbigler.....5:14.22 at Pittsburg State.....2009

3,000 Meter Run

- 1.) Jaimee Hoffman.....10:47 at Missouri.....2004
Jessica Zephyrs.....10:47 at Missouri.....2007
- 3.) Elizabeth Hurford.....10:49 at Missouri Southern.....2007